

## CHILD SERVICES

**Child Abuse Hotline**  
(800) 344-6000

Child abuse reporting hotline, directs local CPS office, suspected child abuse - 24 Hours/7 Days

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**Child Help USA**  
(800) 422-4453

National child abuse crisis hotline

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**CWS** (Child Welfare Services)  
San Diego, CA 92111  
(858) 560-2191

Reporting line for child abuse, molestation and neglect, danger assessment & referrals/resources.  
English/Spanish M-F 8am-5pm

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**SAY** (Social Advocates for Youth)  
8755 Aero Drive, Suite 100  
San Diego, CA 92123  
(858) 565-4148

Child abuse prevention, before/after school programs, school readiness, in-home parenting classes, court/CPS approved child counseling.  
English/Spanish M-F 9am-5pm

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**Casa De Amparo**  
325 Buena Creek Road  
San Marcos, CA 92069  
(760) 754-5500 **Main Office**  
(760) 439-4149 **Daycare**  
(760) 453-2300 **Supervised Visits**  
(760) 295-4600 **Transitional Shelter**  
(760) 754-5510 **Children's Shelter**

Support services to abused/neglected children, shelter for children referred from agencies, low-cost daycare, parent education and counseling, supervised visits for foster children, transitional housing for former foster youth ages 18-24.

No fees  
English/Spanish M-F 8:30am-5pm

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**Hannah's House**  
9455 Farnham Street  
San Diego, CA 92123  
(858) 300- 2730

Supervised visitation & safe exchange family center; parenting, anger management, & substance abuse. CPS & Court Approved NO high conflict parents  
Child and parent therapy  
English/Spanish M-F 9am-8pm, Sat & Sun 9am-6pm

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**The Chadwick Center for Children & Families**  
3665 Kearny Villa Road, Suite 501  
San Diego, CA 92123  
(858) 966-5803

Trauma counseling services, crisis intervention, referrals, medication assessments, psychological evaluations, and family advocacy and safety planning.

M-F 8:30am-5pm

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## MENTAL HEALTH

**NAMI SD Alliance for Mentally Ill**  
(619) 543-1434  
(800) 523-5933 Help Line

Service for families and friends of people w/ serious mental illness, education, advocacy

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**SD Access & Crisis Line**  
(888) 724-7240

Phone crisis intervention, info & referral  
24 hours/7 Days  
Medi-cal client contact point for mental health service authorizations

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## HEALTH CLINICS

**County Public Health**  
5202 University Avenue  
SAN DIEGO, CA

(619) 229-5400 **Central**

(619) 441-6500 **East**

(858) 490-4400 **North Central**

(760) 967-4401 **North Coastal**

(760) 740-4000 **North Inland**

(619) 409-3110 **South Bay**

Assess health needs, education, provide referrals, immunizations, HIV, TB & pregnancy testing

\$10/immunization, HIV/free

\$8/TB & Free pregnancy test

Languages vary by center

M-F 8am-5pm

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### **Medi-Cal Dental Services (Denti-Cal)**

(800) 322-6384 Telephone Service Center

[www.denti-cal.ca.gov](http://www.denti-cal.ca.gov)

Provides referrals to dentists for Medi-Cal recipients. Offers information about Denti-Cal benefits and policies (the Medi-Cal dental program covers such services as dental hygiene care, emergency care, tooth extractions, root canals, prosthetics, and orthodontics for qualifying children).

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## IMMIGRATION

### **Casa Cornelia Law Center**

2760 5<sup>th</sup> Ave. Suite 200

San Diego, CA 92103

(619) 231-7788

(800) 704-4041, Voicemail

Legal assistance for immigrant women to assist with  
VAWA/U-VISA paperwork

No cost

Spanish

Interpreters available

M-Th. 10am-4pm

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### **La Maestra Legal Advocacy Services**

4060 Fairmount Ave.

San Diego, CA 92105

(619) 584-1612 Ext. 3094 Carmen Kcompt

Call Center: (619) 779-7900 or (619) 280-4213

### **California AIDS/STI Hotline**

(800) 367-2437

Free legal assistance for survivors of crime: DVRO, Safe  
At Home Program, Victims Compensation Program,  
Family, Law Services, **Immigration Lawyer**, Housing,  
and consumer services.

Insurance information, medical service, support  
groups; social services, & referrals

English/Spanish

M-F 9am-5pm

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## SEX TRAFFICKING

### **Bilateral Safety**

### **Corridor Coalition**

2050 Wilson Ave. Suite C

National City, CA 91950

(619)336-0770 Office

(619)336-0791 Fax

(619)459-8559 Marisa Ugarte

(619)666-2757 ER response

(888) 373-7888 **24/7 Hotline**

Info & 24hr ER services for victims of human trafficking  
[www.bsccoalition.org](http://www.bsccoalition.org)

## **LGBTQ**

### **GLBT National Help Center**

(888) 843-4564  
(800) 246-7743 Youth (up to age 25)

Peer counseling and resources

M-F 1pm-9pm  
Sat. 9am-2pm

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### **Heirdon Lifeline**

(858) 212-LIFE (5433)

Suicide prevention and crisis line for LGBT  
24 Hours/7 Days

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### **HIV/AIDS National Hotline**

(800) 342-2437 (English)  
(800) 344-7431 (Spanish)  
(800) 243-7889 (TTY/TDD)  
(800) 345-AIDS (Filipino)

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### **The Center**

3909 Centre St.  
San Diego, CA 92103  
(619) 692-2077  
(858) 212-5433 Heirdorn Lifeline  
(619) 497-2920 Hillcrest Youth Center  
(619) 255-7854 Youth Housing Project

HIV/AIDS testing & support, individual counseling, groups for: youth, bisexual & transgender persons, HIV, coming out, Crisis line.

Sliding Scale  
English/Spanish